

## Presidential Youth Fitness Program SHUTTLE RUN FOR GIRLS

Percentile Scores Based on Age/Test Scores in Seconds and Tenths

### AGE

PERCENTILE	6	7	8	9	10	11	12	13	14	15	16	17+
100	2:24	12:00	7:12	7:12	4:48	2:24	16:48	0:00	0:00	7:12	9:36	14:24
95	0:00	12:00	4:48	9:36	2:24	0:00	0:00	19:12	14:24	12:00	14:24	12:00
90	4:48	21:36	12:00	19:12	14:24	7:12	4:48	0:00	21:36	19:12	0:00	21:36
85	9:36	2:24	19:12	2:24	19:12	12:00	9:36	4:48	2:24	0:00	2:24	0:00
80	16:48	7:12	0:00	7:12	2:24	14:24	12:00	9:36	7:12	2:24	4:48	4:48
75	0:00	12:00	2:24	12:00	7:12	19:12	16:48	12:00	12:00	7:12	9:36	7:12
70	0:00	14:24	4:48	16:48	9:36	0:00	19:12	14:24	14:24	9:36	12:00	9:36
65	7:12	19:12	9:36	21:36	14:24	2:24	21:36	19:12	19:12	14:24	14:24	14:24
60	9:36	0:00	14:24	2:24	19:12	4:48	0:00	21:36	21:36	16:48	16:48	16:48
55	14:24	2:24	19:12	4:48	21:36	9:36	4:48	0:00	0:00	19:12	19:12	21:36
50	19:12	4:48	21:36	12:00	2:24	12:00	7:12	2:24	4:48	0:00	21:36	0:00
45	0:00	12:00	0:00	16:48	4:48	16:48	9:36	4:48	7:12	2:24	0:00	2:24
40	2:24	14:24	7:12	21:36	9:36	21:36	12:00	9:36	9:36	4:48	4:48	4:48
35	12:00	21:36	12:00	0:00	14:24	2:24	16:48	12:00	14:24	9:36	9:36	7:12
30	16:48	0:00	16:48	4:48	19:12	4:48	21:36	14:24	16:48	12:00	12:00	12:00
25	19:12	7:12	21:36	9:36	2:24	12:00	2:24	19:12	21:36	16:48	16:48	16:48
20	0:00	12:00	7:12	16:48	7:12	19:12	7:12	0:00	2:24	21:36	21:36	21:36
15	7:12	21:36	19:12	0:00	16:48	0:00	12:00	9:36	12:00	4:48	4:48	2:24
10	12:00	9:36	4:48	14:24	4:48	9:36	21:36	19:12	21:36	14:24	14:24	16:48
5	2:24	9:36	4:48	14:24	0:00	0:00	9:36	9:36	0:00	4:48	4:48	4:48
0	19:12	2:24	12:00	20.5	17.8	14:24	16.1	19:12	9:36	16.6	15.4	19.8

filename: normative\_data\_spreadsheet.xls

tab: Shuttle Run for Girls